

New App, New Year, New You! Join the Global Reset this January

We are excited to announce the transition of our Mighty Networks community to Circle. This move aims to create a space where members can connect, learn about their bodies, and begin their life reset programs. We aim to provide a simple, clean, and user-friendly platform that fosters meaningful connections and conversations.

As part of this transition, we are also working on launching a branded app in the app store and implementing new and improved programs for you to learn how to heal your body and coach others!



by Human Garage

Why are we Making the Switch?

The decision to move from Mighty Networks to Circle stems from our core value to always look for a better way to do things.

Our mission is to empower people to heal themselves while building an awesome community along the way and in order to do that we need the right platform with the right features.

Most platforms have really good learning management systems for people to go through courses but lack community. And, the ones that have good community lack the education.

Because of this, we have searched for years to find a place where we could do both.

The challenges with Mighty Networks....

- It was too complex and confusing for new members.
- There was a big learning curve.
- Lacked the ability to reply in chats to other members.
- Lacked the ability to @ or tag members in chat.
- Lacked mobile push notifications for messages.
- It had a poor system for moving people from one program to the next, which made it very difficult to set up.
- It did not allow us to set up a donation/contribution-based model to support the mission.
- It required a lot of administration and back end integrations.
- Lacked badges/ tagging system to recognize our members for their work and progress in the community.

What's New?

In our Circle Community we will have:

- The ability to reply in DMs
- The ability to tag members in DMs
- The ability for members to create their own spaces
- The features necessary for us to create a contribution-based model
- a Branded Human Garage App*** in the app store — **COMING SOON**
- The ability for us to host meetings inside the app, go live, and save recordings
- The ability for us to tag our members with badges based on classes completed and accomplishments within the community
- Automated workflows that send messages, emails, and give access to programs without administrative hassle
- Better Direct message features for hosting group chats


The not so good news...

Moving to a new platform also has its limitations! But there is only a few....


- We can not transfer journal, posts, or message data from Mighty Networks
- We can transfer course completed history and we can invite people to the programs they are currently in.
- But we can not transfer “in course” progress.
- For example, if you are on day 20 of the 28-day life reset, we can not move you to day 20.
 - You will have to continue your progress in Mighty Networks until you complete the course you are in and then join the new network. In this case, you will gain access to the next program available to you.

The roadmap


- 1

Website Update 

Create a landing page on the website with registration forms
- 2

Monthly Donations 

Create a contribution model for people to donate monthly if they want to
- 3

Welcome Section 


Create Welcome section (Start here, Say Hello)
- 4

Community Section 


Create Community Section (Announcements, HGTV, Chat, Ask Questions, Share Testimonials, Discussion, Community Events)
- 5

Transfer Mini Resets 


Move the one, three and seven-day programs over to the new network
- 6

Update Mini Resets 


Improve the one, three and seven day mini reset programs.
- 7

BETA Test 

Grant access to LifeStyle Artist Hosts and Coaches to Beta test the new app
- 8

New Members 


Let the newest members of the human garage community in, so we don't have to ask them to switch platforms only a few weeks later
- 9

Announce Global 28 Day Life Reset 

Let our members know that we are going to do a Global 28-Day Life Reset starting on January 15th - in progress
- 10


Transfer & Update the NEW 28 Day Life Reset - In Progress

- Transfer the 28-day life reset to the new app
 - Update the 28-day life reset
- 11


Begin the 1 Day Reset 

Start Date January 1st, 2024
- 12

Transfer LifeStyle Artist Level 1 Program - In Progress

- Transfer LifeStyle Artist Level 1 Program 
 - Import/ Invite LifeStyle Artist Contact list - In progress
 - Update LifeStyle Artist Level 1 Program - TBD
- 13


Transfer LifeStyle Artist Level 2 Program - In Progress

- Transfer LifeStyle Artist Level 2 Program 
 - Import/ Invite LifeStyle Artist Contact list - In progress
 - Update LifeStyle Artist Level 1 Program - TBD
- 14


Transfer LifeStyle Artist Host Program - In Progress

- Transfer LifeStyle Artist Host Program 
 - Import/ Invite LifeStyle Artist Contact list 
 - Update LifeStyle Artist Level 1 Program - TBD
- 15


Transfer Fascial Maneuver Coach Program - In Progress

- Transfer Fascial Maneuver Coach Program 
 - Import/ Invite Fascial Maneuver Coaches Contact list 
 - Update Fascial Maneuver Coach Program - TBD
- 16

Create Parents Helping Children Program - In Progress

- Create content for the program 
 - Set launch date - In progress
 - Invite members - In progress
- 17

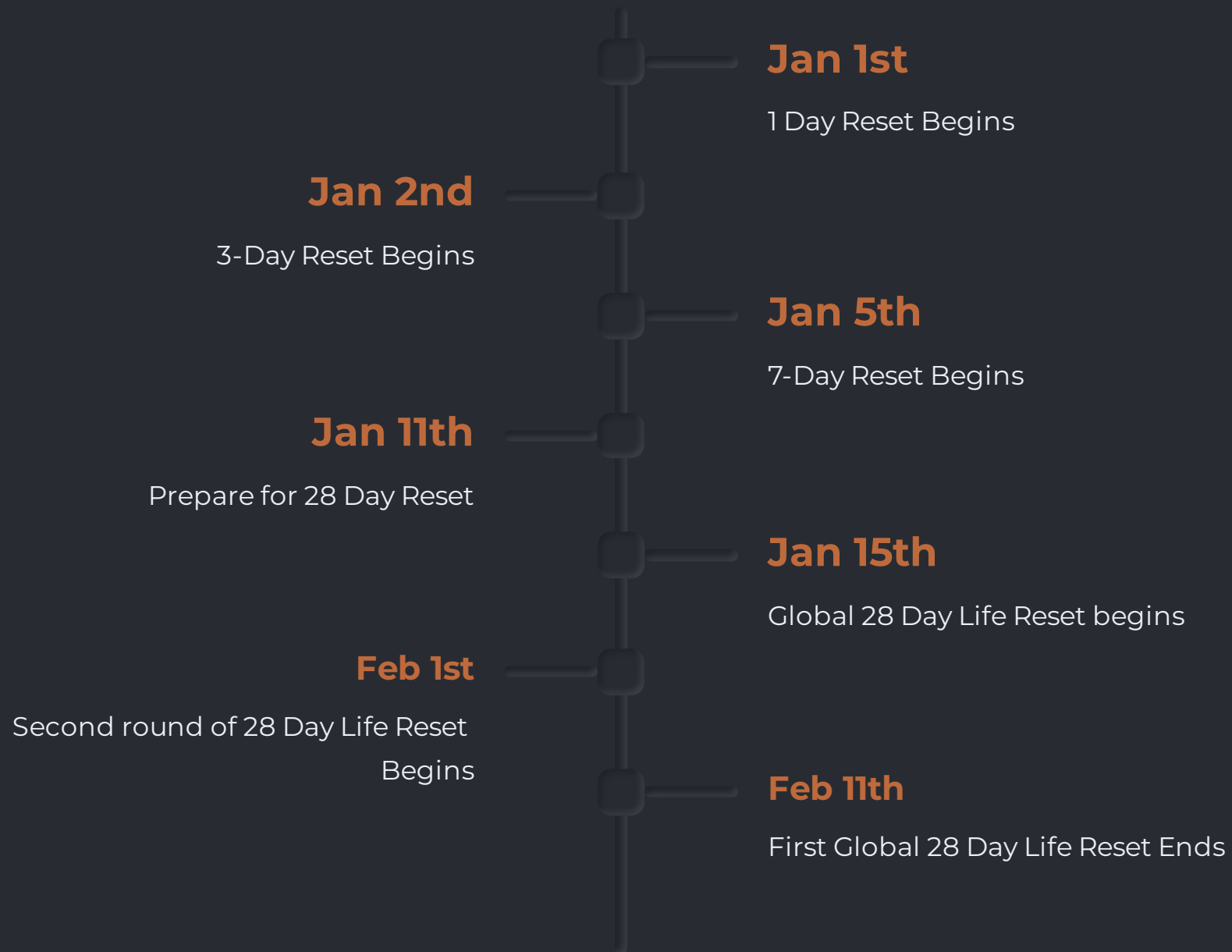
Transfer Content Creator Program - In Progress

- Transfer Content Creator Program 
 - Import/ Invite Content Creator Contact list 
 - Update Content Creator Program - TBD
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Create Community Reward / Prize System - TBD

- Create top 10 leaderboard 
 - Create top Content Creator Badges - In progress
 - Create measurement and reward system - In progress
 - Prizes for the top before and after photos/ transformations - In progress

Program Timelines



Please note: if you are late, you can begin the One Day Reset LATEST January 4th, so you can start the 28 Day Life Reset that begins January 15th on time.

If for any reason you can not make the 4th, you will be invited to join the next 28 Day Life Reset on February 1st.

What's so NEW about the NEW 28-Day Life Reset?

New Classes

We have new classes available. In our old reset, it was the same classes each day with slight variations. Now, we have different classes each day with different instructors.

Modified Maneuvers

In our new classes we showcase intermediate, advanced and modified fascial maneuvers to give you more tools to help yourself.

Faster & More Efficient

In our previous 28 day life reset, we had various 1-2 hour podcasts from our clinic days! We have significantly reduced the time it takes to complete each day by cutting out the gold nuggets that we really want you to hear.

Community Reset

People used to join the 28 Day Life Reset whenever they wanted and they would go through it by themselves. We have now set up start dates so people can go through it together. This will help with accountability, building community and increasing the level of support.

Weekly Meetups!!!

We firmly believe we are stronger when we are together.

We have created weekly meetups with Volunteer Hosts and Coaches.

That means you will have weekly zoom meetups with members of the community available to you to ask your questions, share your experiences and connect with people from all over the world.

A Surprise for the community!!

For the January 15th, Global 28-Day Life Reset, Human Garage we will be hosting one weekly meetup live on zoom every Wednesday at 5:00pm Eastern Standard Time for the community.

During this weekly meetup we will move together, answer questions and discuss with the community.



FAQ's



▼ What do I do if I'm already in the middle of a reset or program?

- Complete the current program you are in, inside Mighty Network, and then join the new network to continue your progress.
- At the end of your current program you will receive an invitation link to give you access.

▼ Can I transfer all of my journal, post, and message data?

- If you want to you can copy and paste your posts from Mighty Networks into Circle or into your own journal.
- You will have 90 Days to do this before we close Mighty Networks

▼ How do I join the new “Global 28-Day Life Reset”?

- Enroll in the Circle community at humangarage.net
- Begin the 1-Day Reset by January 4th (so you have enough time to register for the new 28-day life reset)
- Complete the new 1, 3, and 7-day resets before joining the 28-day life reset.

▼ What if I join the One Day Reset after January 4th?

- You will be invited to the Global 28-Day life reset that begins on February 1st, 2024

▼ Can I use my Mighty Networks login to Gain Access to the new network?

No, your mighty networks log in is separate.

You will have to create a new account for our new app Circle.

▼ Will the Human Garage Weekly Meetups be recorded for those who can't make it?

Yes! We will record these meetups and share the recording inside the app.

▼ How do I access the old app to continue my current program?

You can access Mighty Networks here: <https://app.humangarage.net/>